



STRENGTHENING OKLAHOMA FAMILIES

EXTENSION

Family and Consumer Science News

OK County Monthly News

Oklahoma Home & Community Education

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CALENDAR OF ACTIVITIES

May 1-7, 2022 OHCE Week

May 3, 2022 Grand Opening – Eastside Fresh Market, 4:00-7:00pm, Extension Center parking lot

May 6, 2022 Decorate for Spring Achievement Luncheon, 9:30, Extension Conference Center

May 6, 2022 OHCE Achievement Luncheon, 11:30am, Extension Conference Center

May 23, 2022 2023 SE District Planning Meeting, 1:00pm, Cleveland County Extension Center

May 26, 2022 Leader Lesson, “Cooking with Herbs, Spices and Oils”, 9:30am, Connie Wollenberg, McClain County FCS Educator

Monthly Group Volunteer Hours Forms Due

Thought for The Day: We don't see things as they are, we see them as we are. -Anais Nin

DEADLINE FOR JUNE 2022

NEWSLETTER

MAY 19, 2022

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Website for Genealogy

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In this issue

- [Calendar of Activities](#)
- [Deadline for Newsletter for June is May 19, 2022](#)
- [President's Column](#)
- [2020-2022 Memorial Service](#)
- [Genealogy Group](#)
- [Bits & Bytes](#)
- [OHCE Achievement Luncheon](#)
- [April Leader Lesson:Horticulturist](#)
- [New Farmer's Market](#)
- [2023 SE District Planning](#)
- [Veteran's Items for May](#)
- [Welcome Lori Goodbary](#)

PRESIDENT'S COLUMN

April Showers Bring May Flowers. My flower beds are starting to bloom with new growth and the plants that were transplanted last year seem to like their new spots. We have added a few azaleas to the landscape this year and they are in full bloom right now. Hope you are enjoying this time of year with your flower beds and gardens. I'm not a big gardening person, would rather buy from farmers markets. And with that being said, I'm looking forward to the Eastside Fresh Market coming to the OSU Extension campus. I'm excited that it is on Tuesday evenings, 4:00 – 7:00 p.m., sometimes I miss out with markets on Saturdays due to family obligations. The grand opening is May 3rd, please stop by!

The month of May also brings us a wide array of weather. Having been a Red Cross safety instructor in my past, I always remind my family and friends to be prepared for inclement weather. Now is the time to have your cellar cleaned and/or your plan of action for shelter and be ready to go. Is your backpack ready to grab and go? Are you preparing your cellar and backpack for 3 days of emergency items? You will want to have water, snacks, blankets, flashlights with new batteries, candle with lighter, whistle, hard sole shoes (not flip flops), light jacket, copy of insurance papers, medication, contact phone numbers of doctors, family, etc. If you have bike helmets, gather them and have ready and sitting with your backpack. Be aware of inclement weather. If you're away from home, let family know your plans and location.

May also brings families together with graduations, Mother's Day, Memorial Day, and family reunions. I just had the pleasure of hosting a mini family reunion with my last living uncle, from Baton Rouge, and many of the cousins he grew up with. I can remember as a child, we had big family reunions every year, then it became every 5 years, and sadly, it's now seeming to be only at funerals. Although we do keep in touch through social media, but it just isn't the same.

Be safe and enjoy this spring weather and make plans with family and friends.

Gayla Mosteller
OK County OHCE President



2020-2022 Memorial Service

Jan Beattie

Our annual Memorial Service to honor our deceased members will be held during our annual *Awards and Achievement Luncheon* on May 6, 2022. To date, I have received notification of the deaths of seventeen:

3Es: *Laura Robinson and Sylvia Bayless*

Extension Horticulturist: *Ray Ridlen*

Genealogy Group: *Judith Irwin, Mike Miller, Betty Geis, Sharon Fore and Andre' Head*

NW Seekers/Council Grove: *Grace Otto*

Learn and Serve and Modern Homemakers: *Sonja Wilson*

Las Amigas/Will Rogers: *Shirley Kitchens, Dorothy Driver and Evelyn Gianfilippo*

Cardinal: *Betty Kill and Elaine McClellan*

Soldier Creek: *Theresa Terry*

Modern Homemakers: *Evelyn Harris*

If you have lost a member or members from your group, please invite their family to attend our luncheon and Memorial Service and to be our guests. If you have any photographs, special memories or anecdotes of any of the deceased that you would like to share, kindly let me know. *I am particularly in need of photos for Laura Robinson, Grace*

Otto, Sonja Wilson, Gayle Fore, Theresa Terry and Evelyn Harris. I need photos and memories for Elaine McClellan.

If your group has lost a member of which we are not aware, please let me know so they can be remembered during the service. I can be contacted by email at jankb80@sbcglobal.net or by phone 405 513-4014. **Thank you.**

Genealogy Group By Kathy Feters

The Genealogy Group met on Wednesday, April 20th, at the Oklahoma County Extension Office. President Jan Beattie called the meeting to order and gave our inspiration, which is her monthly "Jan's Genealogy Quick Tip". This month was all about the 1950 Federal Census which became available to the public at midnight on April 1.

We had 19 in attendance, counting 15 members, 3 visitors and one member viewing via ZOOM. Our visitors were our speaker Sidney Clinton Holt, his wife Gale Holt and Dave Smith. Mr. Holt gave an interesting presentation on the family "lore" that he found and researched. His Holt family arrived in this country in 1640, settling first in Maryland then moving to Virginia, then Tennessee, Texas and eventually Oklahoma. He shared the story of an ancestor who owned slaves, one who was a preacher, and a Union supporter whose grandson fought for the confederates before enlisting in the Union army. In the meantime, he has met many distant cousins and explored cemeteries and court houses.

Our next meeting will be Wednesday, May 18th, at 10:00 a.m. at the Oklahoma County Extension office when we will host three speakers: member vehoae Yancey will discuss health issues addressed in U.S. Census between 1830 and 2000. Cindy Thomas and Martha McNeese will be speaking on "Family Health History and Trends: Information and Support for the Family Genealogist". These ladies are facilitators for the "Edmond Santa Fe Caregiver Support Group". Please consider joining us in May.

Bits and Bytes By Kathy Feters

Our group had our regular ZOOM meeting with full attendance of all nine current members and one visitor, Richa Ross. Following our salute to the flag, we had a report on the SE District meeting and how successful the silent auction was in raising the funds for next year. There was some discussion on how important it is to turn in our volunteer hours, and we looked at some options for earning hours that might be overlooked. We all agreed that exercise was one that we all could start keeping track of and turn in next month.

Our instructor/presenter, member Bill James, gave us a handout on Tech Essentials for Windows, including a check list on how comfortable we feel completing these basic items:

- Turning your device totally off, so you don't use the battery
- Using a mouse
- Using a touchscreen
- Taskbar functions and widgets
- Finding, adding or deleting apps
- Personalize your computer settings
- Change the size and number of windows open
- Moving a window and working with more than one window open
- Create a new icon on your desktop or delete an icon
- Using file explorer
- Text editing
- Copy and paste
- Security for your computer
- Camera, speakers, microphone
- USB devices, thumb or flash drives
- Printer hook up and monitoring ink levels
- Internet modem test and restart
- Basic email skills
- Attachments
- Passwords

Bill will use some of our input on these items to set up the topics for the coming months along with new features in Windows 11.

Our next meeting will be April 25th, at 1:30 p.m, via ZOOM. If anyone is interested in joining us for a meeting, please email Pat Smith at pmsmithokc@gmail.com for the link and handout.

OHCE Achievement Luncheon Jan Bohannon

Please mark your calendars for 11:30 am, Friday, May 06, for this annual event! It's been a looonng two years since we've been able to have this. Our theme is, "April Showers Bring May Flowers" and each OHCE Group is to decorate their own table. We will have a judging contest for the best decorated table! We did that at our Christmas Holiday Luncheon last December and it was a lot of fun! Everyone bring Finger Foods. We will have a great time as we congratulate the achievements of one another! *NOTE: Group Presidents, please contact Jan Bohannon at 405.408.5393, by May 01, with an estimated head count so the Social Committee can plan accordingly. See you there!*

Oklahoma County Extension Horticulturist, Julia Laughlin, provided an interesting OHCE Leader Lesson on seed saving made easy.



NEW FARMERS MARKET OPENS MAY 3rd

The Eastside Fresh Market will have its grand opening on Tuesday May 3rd at the OSU Extension Center parking lot, 4:00-7:00pm. There will be fresh produce, flowers, cooking demos and more! The market will be open every Tuesday through November 1st. This is a great opportunity for OHCE to have a membership booth. The 4-H youth program would love to share one with us! Please consider signing up to work a shift!

2023 SE DISTRICT PLANNING MEETING MAY 23 – VOLUNTEERS NEEDED

The next meeting to plan the 2023 SE District meeting will be Monday, May 23rd at the Cleveland County Extension Center at 1:00pm. Please contact Lisa if you plan to attend or need a ride. A group of us toured the First Baptist Church of Moore and decided that it will be a great location for the meeting. We will need many volunteers to serve as room hosts, serve breakfast and to assist people with directions; it's a large building, but we will only be using the first floor. It will take volunteers from all four counties to make this event successful!

VETERANS ITEMS FOR MAY

- Pens
- Notepads
- Kleenex
- Puzzle Books

WELCOME LORI GOODBARY

There's a new staff member at the Extension office! Lori Goodbary is the new CNEP (Community Nutrition Education Program) coordinator. Many OHCE groups donate to the food baskets the CNEP staff donate to their limited income clients during the holidays. Please welcome her if you see her in the office.

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